

# The School of Spiritual Formation and the Care of the Soul

October 12-17, 2010

The School of Spiritual Formation and the Care of the Soul (SSFCS) is designed for individuals who seek spiritual growth, understanding, opportunities to learn and practice their faith in a retreat setting. The SSFCS is designed for pastors, missionaries, laity and leaders in churches and Christian organizations who are seeking more knowledge, training and experience in the areas of spiritual formation and soul care. It is our desire that participants take "home" what they have learned and experienced in order to implement their new insights within their local faith communities.

Participants will live in a community that is devoted to study, experiential learning, prayer, solitude, rest, meditation on scripture and wonderful meal times where lingering conversations are encouraged! The rhythm of each day will be spaciouly designed for lively discussions, thoughtful teaching and quiet reflection and study. Each participant will be given the opportunity to meet one-on-one with a spiritual director in the afternoons.

## *The Topics to be explored are:*

- **What is spiritual formation and how does it occur**
- **Exploring Our Personal Story of Spiritual Formation**
- **What is the soul and how do we care for it?**
- **How does marring, failure and wounding shape the soul?**
- **Recognizing Spiritual Disciplines as Soul Exercises**
- **The Practice of Silence and Solitude**
- **The Practice of Spiritual Reading and Journaling**
- **The Practice of Sabbath Keeping**
- **The Practice of Worshipping God**
- **A Rule of Life: Developing a personal rhythm of spiritual practices that is realistic and sustainable for your life.**
- **How the Care of the Soul compels others to live in the presence of God**
- **Implementing the Values of Spiritual Formation and Soul Care into your own life and personal setting.**
- **The Church and Spiritual Formation and the Care of the Soul.**

## *Details:*

**Cost:** \$1,000 for lodging, meals, all materials and copies of Steve and Fil's books. Participants will lodge in private rooms unless married. Couples sharing the same room: \$1800. "Early Bird" registration is \$900 single/\$1600 couple due by **May 1, 2010**.

**Deposit:** \$250 due with registration and balance due **August 1, 2010**. Limited to 20 participants to insure a sense of community and personal interaction. Upon receiving your registration, you will be sent the book/materials to read prior to.

**Dates: October 12-17, 2010.** Participants should arrive on Wednesday afternoon to settle in their rooms. Please schedule your flight/schedule to depart no earlier than 2 pm from the Colorado Springs airport. Before you book your flight, please talk with us: 719-264-8837.

**Location:** We will be using the beautiful facilities of Potter's Inn at Aspen Ridge in Divide, CO (about 50 minutes west of Colorado Springs). Fly into the Colorado Springs, CO airport. Visit [www.pottersinn.com](http://www.pottersinn.com) for directions and more information.

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## **Registration:**

You can register here and mail or register online at [www.pottersinn.com/soulcare](http://www.pottersinn.com/soulcare)

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_ Primary Number to Contact you \_\_\_\_\_

**Single Registration \$1000**

Early Bird by May 1, \$900    Amount Enclosed \_\_\_\_\_

**Couple Registration \$1800**

Early Bird by May 1, \$1600    Amount Enclosed \_\_\_\_\_

Registration is refundable prior to September 1, 2010. Non-refundable but transferable to another guest after September 1.

**Return to: Potter's Inn, 6660 Delmonico Drive, Suite D 180, Colorado Springs, CO 80919**

Telephone: **719:264-8837** • Email: [steve@pottersinn.com](mailto:steve@pottersinn.com) or [filanderson@triad.rr.com](mailto:filanderson@triad.rr.com)

**FACILATORS:**



**Fil Anderson** is a spiritual director, conference speaker, writer, and retreat leader. He is the founder of Journey Resources and author of *Running on Empty: Contemplative Spirituality for Overachievers* and *Breaking the Rules: Trading Performance for Intimacy with God* (2010).

Educated at the University of North Carolina in Wilmington and Fuller Theological

Seminary, he also completed the graduate program in Christian Spiritual Formation at The Shalem Institute. Fil served on the staff of Young Life for twenty five years. The father of three children, Fil and his wife, Lucie live in Greensboro, North Carolina.

[www.journeyresources.com](http://www.journeyresources.com)

**Stephen and Gwen Smith** are Co-Founders of Pot-



ter's Inn in Colorado Springs, CO. Steve and Gwen are spiritual directors. Steve studied at Lenoir Rhyne College, Southern Baptist Seminary and Trinity Divinity School. Gwen is an RN and Spiritual Director who trained at UNCC and Denver Seminary. Steve's published works are: *Embracing Soul Care*, *The Lazarus Life*, *Soul*

*Shaping*, *The Transformation of a Man's Heart* and *Soul Care: Seven Commitments for a Healthy Soul* (2010). The Smiths have been married since 1980 and have grown sons and a dog named Laz. They reside in Colorado.

[www.pottersinn.com](http://www.pottersinn.com)

**SCHOOL OF**

*Spiritual Formation* AND THE  
**CARE of the SOUL**

Potter's Inn at Aspen Ridge  
DIVIDE, CO

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